

DESIGNED & QUILTED BY REEZE HANSON

Frosty Carnations

SPECIFICATIONS

Skill Level: Advanced

Quilt Size: 33" x 33"

This quilt celebrates the traditional flower of the month for January birthdays.



INSTRUCTIONS

Completing the Center Background

Step 1. Using the Perfect Patchwork Templates diamond template (or prepare templates using A-F patterns given), cut out the diamond and partial diamond pieces as directed on patterns given. Mark the corners where seams will intersect on the wrong sides using a pencil or fabric marker as shown in Figure 1.

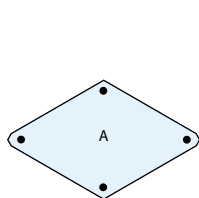


Figure 1

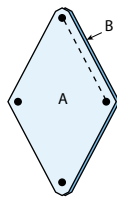


Figure 2

Step 2. Select one each A, B and C diamond pieces. Stitch A to B right sides together from dot to dot as shown in Figure 2; press seam toward A.

Step 3. Starting from the center and stitching to the outer edge, sew C to A from dot to dot as shown in Figure 3; press seam toward C.

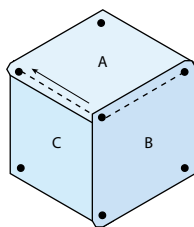


Figure 3

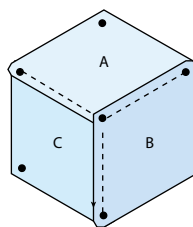


Figure 4

Step 4. Join the B and C pieces, again working from the center to the outer edge and stitching from dot to dot, to complete one A-B-C unit as shown in Figure 4; press seam toward B and press center seam intersection to form a swirl on the wrong side where the three seams meet as shown in Figure 5.

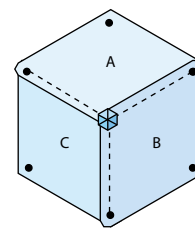


Figure 5

Step 5. Repeat Steps 2–4 to complete 23 A-B-C units.

Step 6. Sew C to D using the same method for making the A-B-C units, to make two C-D units as shown in Figure 6.

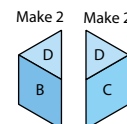






Figure 6

Step 7. Sew B to D as in Step 6. Repeat to make two B-D units, again referring to Figure 6.

FABRIC	PATTERN	#STRIPS & PIECES	CUT
Measurements based on 42" usable fabric width.			
1/8 yard 5 different red fabrics			Appliqué pieces as per patterns
 1/8 yard pink mottled			Appliqué piece as per pattern
 1/8 yard yellow/green tonal			Appliqué pieces as per pattern
 1/4 yard dark red print			Appliqué pieces as per pattern
1/4 yard each medium and dark green mottleds			Appliqué pieces as per pattern
 1/4 yard dark yellow/green print			Appliqué pieces as per pattern
 1/4 yard very dark green mottled			Appliqué pieces as per pattern
		2	3/4" x 18" bias strips
 1/4 yard blue-and-white snowflake print	G	2	1 1/2" x 24 1/2"
	H	2	1 1/2" x 26 1/2"
 1/4 yard medium blue snowflake print	M	2	1 1/2" x 31 1/2"
	N	2	1 1/2" x 33 1/2"
 1/3 yard medium blue mottled	E		Cut as per patterns for E and F
	F		
 1/2 yard blue metallic mottled*	J		Cut as per pattern
 1/2 yard ice blue mottled	A		Cut as per patterns for A and D
	D		

FABRIC	PATTERN	#STRIPS & PIECES	CUT
Measurements based on 42" usable fabric width.			
 1/2 yard medium blue mottled with silver snowflakes	B		Cut as per pattern
 1/2 yard light blue mottled	C		Cut as per pattern
 1/2 yard dark blue snowflake print	I		Cut as per patterns for I, K and L
	K		
	L		
1/2 yard dark navy star print		4	2 1/4" x 42" binding
 1/2 yard white tonal*		4	1 1/4" x 28" bias
		4	1 1/4" x 32" bias
Backing			37" x 37"

SUPPLIES

- Batting 37" x 37"
- All-purpose thread to match fabrics
- Quilting thread
- 2 yards 18"-wide lightweight fusible web*
- Optional H-52 Perfect Patchwork Template*
- 3/8" bias maker*
- Piping Hot Binding Tool*
- 8 yards No. 16 white nylon cord
- Zipper foot or cording foot
- Appliqué pressing sheet
- Fabric pencil
- Fabric glue
- Black marker
- Basic sewing tools and supplies

*Fairy Frost fabric collection from Michael Miller Fabrics, Piping Hot Binding Tool by Susan K. Cleveland, H-52 Perfect Patchwork Template from Marti Michell, 3/8" Bias Maker from Clover and Lite Steam-A-Seam 2 fusible web from The Warm Company used to make sample.

Step 8. Join five A-B-C units to make a row as shown in Figure 7, stopping stitching at the dots; press seams toward the B pieces. Repeat to make three A-B-C rows. Set aside one for row 3.

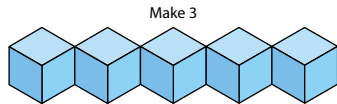


Figure 7

Step 9. Select one A-B-C row, one F, one FR and four E pieces. Referring to Figure 8 for order of stitching, join the row and the pieces in the same method used for making the A-B-C units except sew to the outer edges of the E and F/FR pieces instead of stopping at the end of the marked seam as shown in Figure 9.

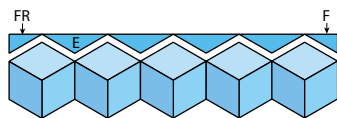


Figure 8

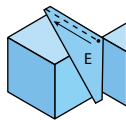


Figure 9

Step 10. Continue to insert the E pieces, adding F/FR to the ends to complete the top row as shown in Figure 10. Press carefully, pressing all seams in a clockwise direction to form a swirl on the wrong side where seams meet. Repeat Steps 9 and 10 to make the bottom row.

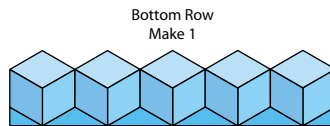
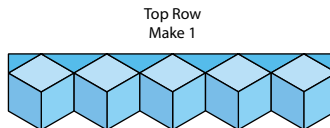


Figure 10

Step 11. Join a C-D unit with four A-B-C units and a B-D unit to complete row 2 as shown in Figure 11 stopping stitching at the dots; press seams toward the C-D unit. Repeat to make row 4.

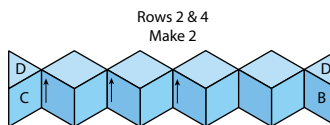


Figure 11

Step 12. Join row 2 with the top row, stitching in the direction of the arrows

shown in Figure 12; press seams in one direction.

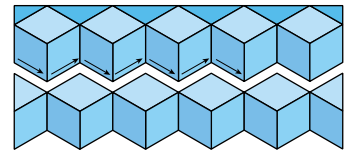


Figure 12

Step 13. Continue to join the rows, adding rows 3 and 4 and bottom row to complete the pieced center referring to Figure 13; press seams in one direction.

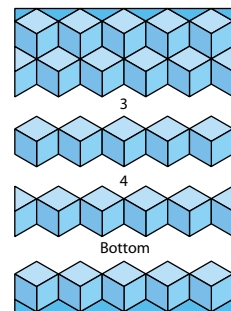


Figure 13

Step 14. If necessary, trim the top and bottom edges of the pieced center to be sure there is just a 1/4" seam allowance at the corners of the A pieces as shown in Figure 14.

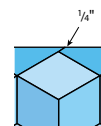


Figure 14

Step 15. Measure the pieced center from top to bottom. It should measure 24 1/2" if seaming is correct. Measure the pieced top from side to side; subtract 24 1/2" from this measurement and divide the result by 2. Trim the result of this division off each side of the pieced top to make the background square as shown in Figure 15.

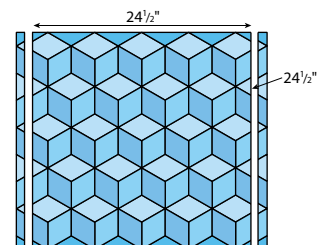
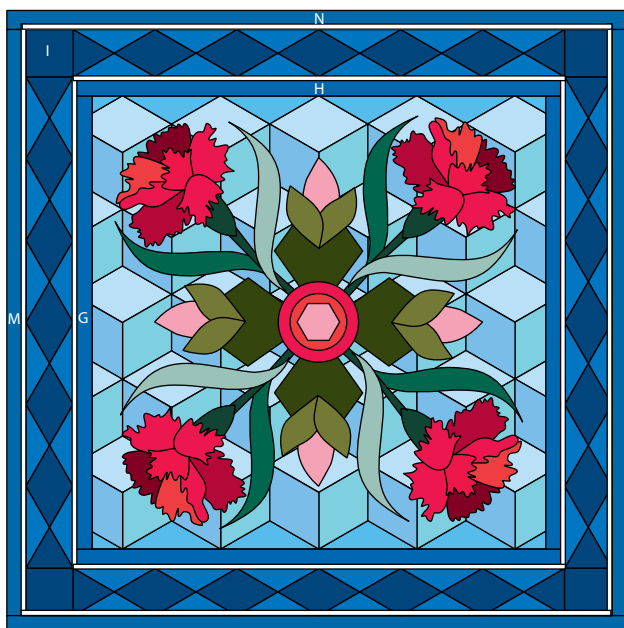


Figure 15



Frosty Carnations
Placement Diagram 33" x 33"

Adding Borders & Piping

Step 1. Sew G strips to opposite sides and H strips to the top and bottom of the background square; press seams toward G and H strips.

Step 2. Press each of the four 28" white tonal bias strips in half with wrong sides together along length; cut a 30" length of the white nylon cord. Place it inside the folded bias strip, keeping the cord as close to the fold as possible. Pin the raw edges together, encasing the cord.

Step 3. Using a zipper foot or a cording foot on your machine and white thread, machine-baste through both layers of fabric as close to the cord as you can without stitching through the cord. **Note:** An invisible zipper foot works especially well for this as it has a deep channel just the right size for the cord to run through next to the needle.

Step 4. Trim the piping seam to ¼".

Step 5. Pin the piping even with the raw edge of one of the G strips; baste in place. Repeat on the opposite G strip and then on the H strips.

Step 6. Join five L pieces with 12 J pieces and two K pieces to make a pieced border strip as shown in Figure 16; press seams toward J and K pieces. Repeat to make four pieced border strips.



Figure 16

Step 7. Sew a pieced border strip to opposite sides of the pieced center; press seams toward the pieced strips.

Step 8. Sew an I square to each end of each remaining pieced border strip; press seams away from I. Sew one of these strips to the top and bottom of the pieced center; press seams toward the pieced strips.

Step 9. Cut a 32" length of white nylon cord. Using the 32" white tonal bias strips, prepare four piping strips referring to Steps 2–4. Baste the piping strips to the sides then the top and bottom of the pieced center as in Step 5.

Step 10. Sew the M strips to opposite sides and N strips to the top and bottom of the pieced center to complete the top; press seams to the M and N strips.

Completing the Appliqué

Step 1. Trace the flower and leaf shapes onto the paper side of the fusible web as directed on each piece for number to cut. Cut the fusible web out of the middle of each traced shape, leaving about ¼" inside the traced line to reduce bulk. **Note:** Patterns have been reversed for fusible appliqué.

Step 2. Cut out shapes on marked lines, leaving a margin around each one. Fuse shapes to the wrong side of fabrics as directed on each piece; cut out shapes on marked lines and remove paper backing.

Step 3. Fold and crease the pieced top to mark the vertical, horizontal and diagonal centers as shown in Figure 17.

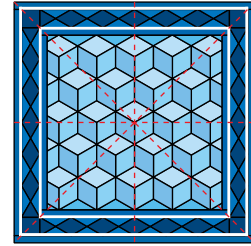


Figure 17

Step 4. Trace each of the full-size flower motifs onto a piece of paper using a black marker; turn the paper over and transfer the design to the opposite side of the paper. Mark this side as the right side.

Step 5. Place the appliqué pressing sheet on your ironing surface; slide one



of the traced full-size flower patterns right side up under the pressing sheet.

Step 6. Arrange the cut fabric pieces on the sheet in numerical order, pressing each piece in place on other pieces to form a complete motif; allow to cool and remove from the pressing sheet. Repeat to make four carnation flowers and four flower buds.

Step 7. Feed the very dark green bias strips through the $\frac{3}{8}$ " bias maker using a pin to pull the point of the fabric through. Pin the top of the fabric to the ironing board and press with a hot steam iron as you pull the bias maker along the strips as shown in Figure 18; allow to cool before moving. Repeat with the second strip.

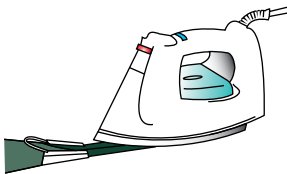


Figure 18

Step 8. Trim bias strips to $14\frac{1}{2}$ ". Fold each strip in half to mark the centers. Place the bias strips in place on the creased diagonals of the pieced top and hold in place with a few drops of fabric glue.

How to Quilt

Quilt in the ditch between the inner border and the background to secure the quilt layers. Edge-stitch around each appliqué piece, securing the edges with matching thread at the same time, using a blanket stitch, buttonhole stitch, satin stitch or other decorative stitch of your choice. Fill in the background areas with free-motion swirls to complete quilting in the center of the quilt. Stitch in the ditch around the remaining borders or quilt as desired.

Step 9. Center and fuse the fused carnation flower motifs onto the diagonal creases of the quilt top $3"$ from the corners of the pieced background, with flower petals and calyx sitting on top of the end of the stem.

Step 10. Tuck the long underneath leaf behind the stem and the long top leaf on top of the stem $3"$ up from the center as shown in Figure 19.

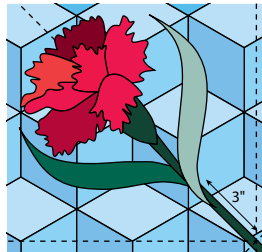


Figure 19

Step 11. Center and fuse the fused flower bud motifs $2\frac{1}{2}"$ from the edges of the pieced background, between the carnation flowers on the side and top and bottom creases of the pieced background referring to Figure 20.

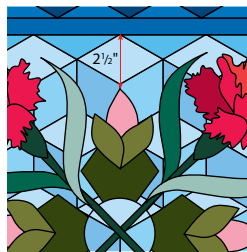


Figure 20

Step 12. Center and fuse the hexagon shape to the small circle; trim excess fabric away from behind the hexagon to reduce bulk.

Step 13. Center and fuse the circle/hexagon shapes onto the larger circle; trim excess away from behind to reduce bulk.

Step 14. Center and fuse the circle unit on the pieced background on top of the stem pieces as shown in Figure 21; trim away the pieced background/stem layers from behind circles to reduce bulk and complete the appliqué quilt top. **Note:** The pieces

will be stitched in place during the quilting process.

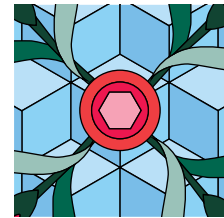


Figure 21

Completing the Quilt

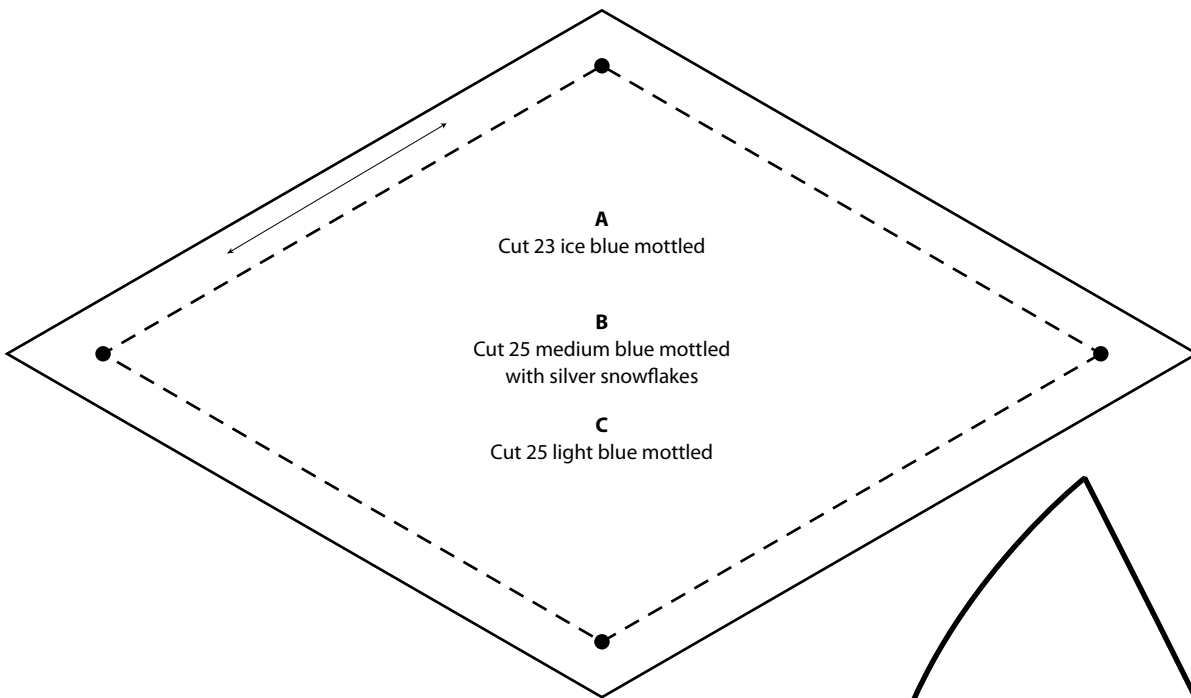
Step 1. Sandwich the batting between the completed top and prepared backing; pin or baste layers together to hold.

Step 2. Quilt as desired by hand or machine; remove pins or basting. Trim excess backing and batting even with quilt top.

Step 3. Join binding strips on short ends with diagonal seams to make one long strip; trim seams to $\frac{1}{4}"$ and press seams open. Fold the strip in half along length with wrong sides together; press.

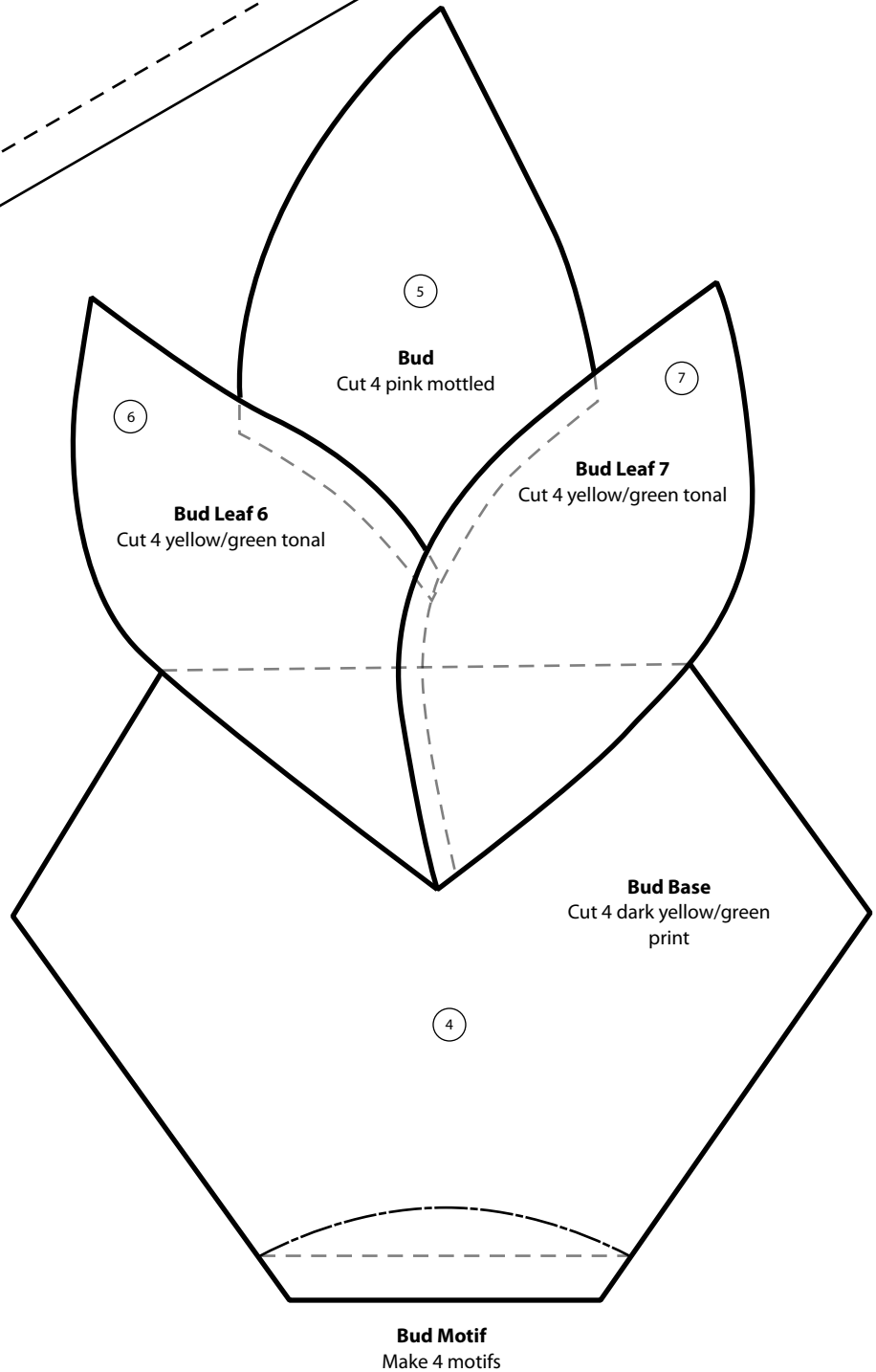
Step 4. Sew binding to the right side of the quilt edges, overlapping ends. Fold binding to the back side and stitch in place. **QW**



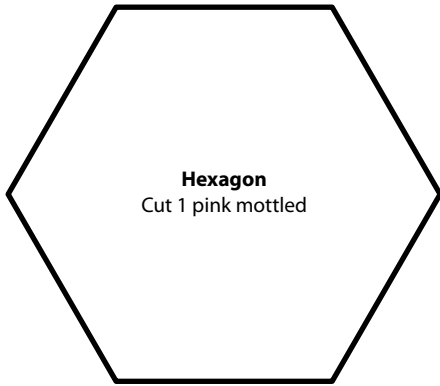


**FROSTY CARNATIONS
TEMPLATES**

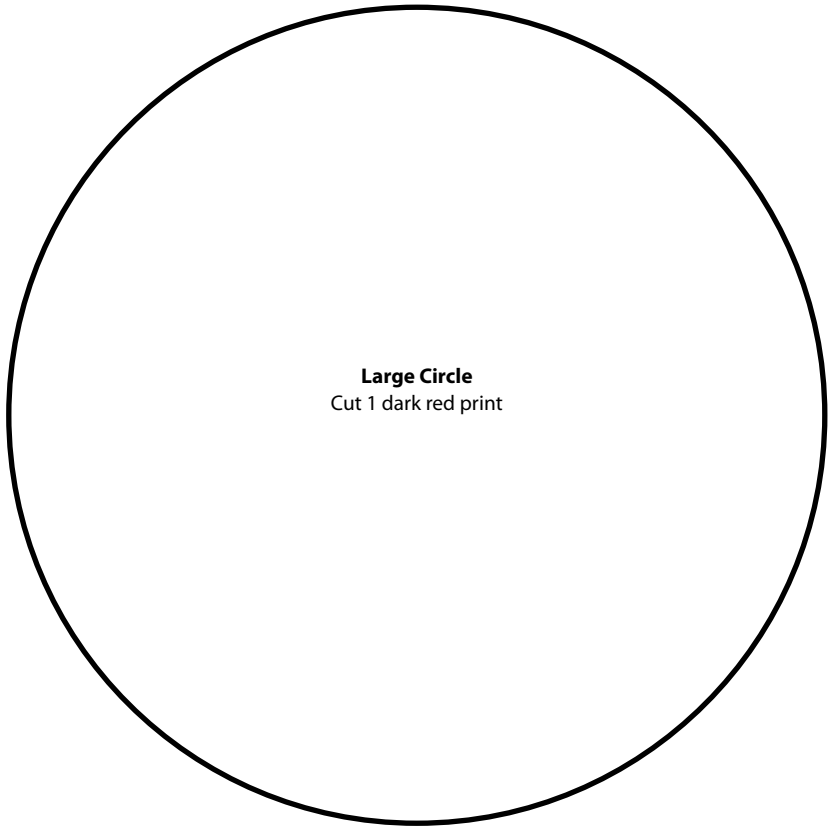
When printing patterns, check to make sure your print settings are set to print at 100 percent and page scaling displays "None."



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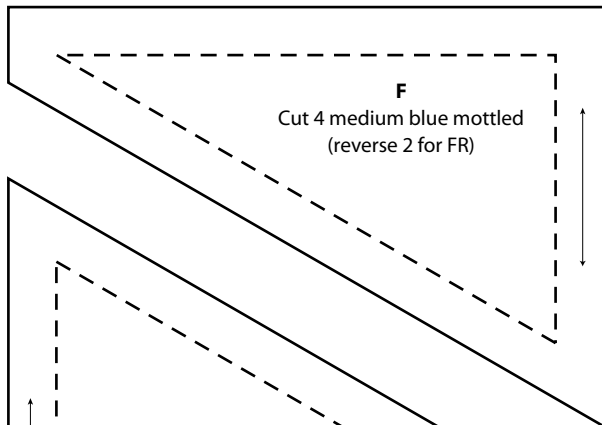


Hexagon
Cut 1 pink mottled

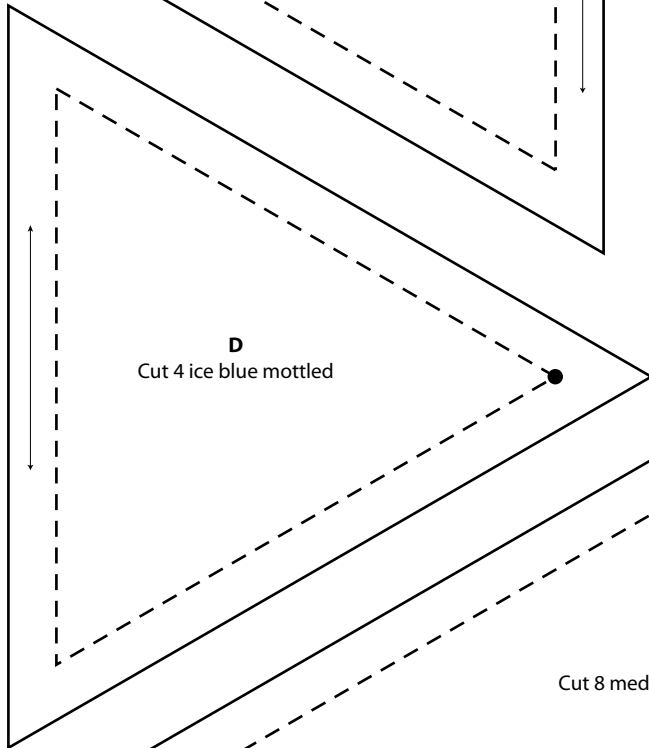


Large Circle
Cut 1 dark red print

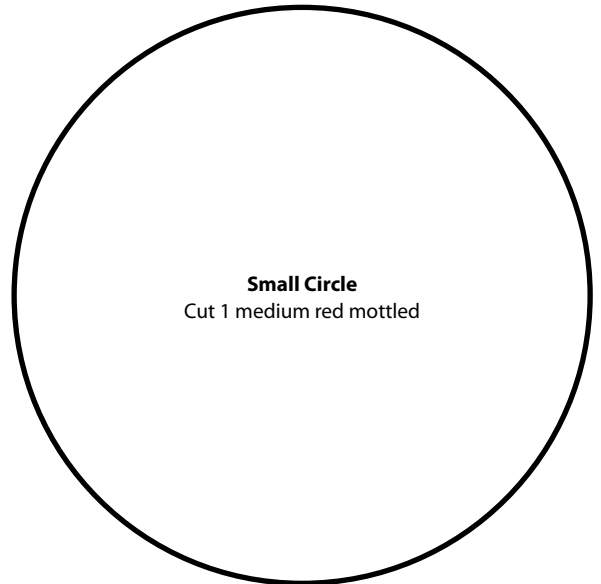
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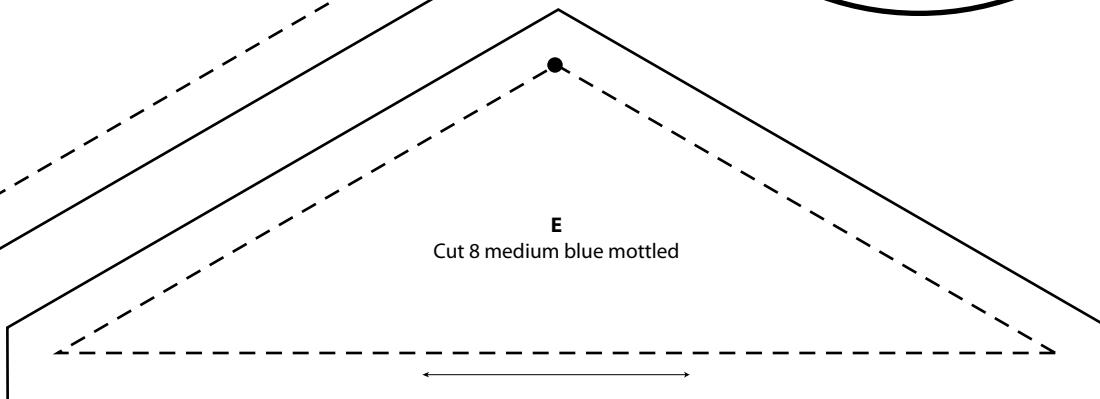
F
Cut 4 medium blue mottled
(reverse 2 for FR)



D
Cut 4 ice blue mottled

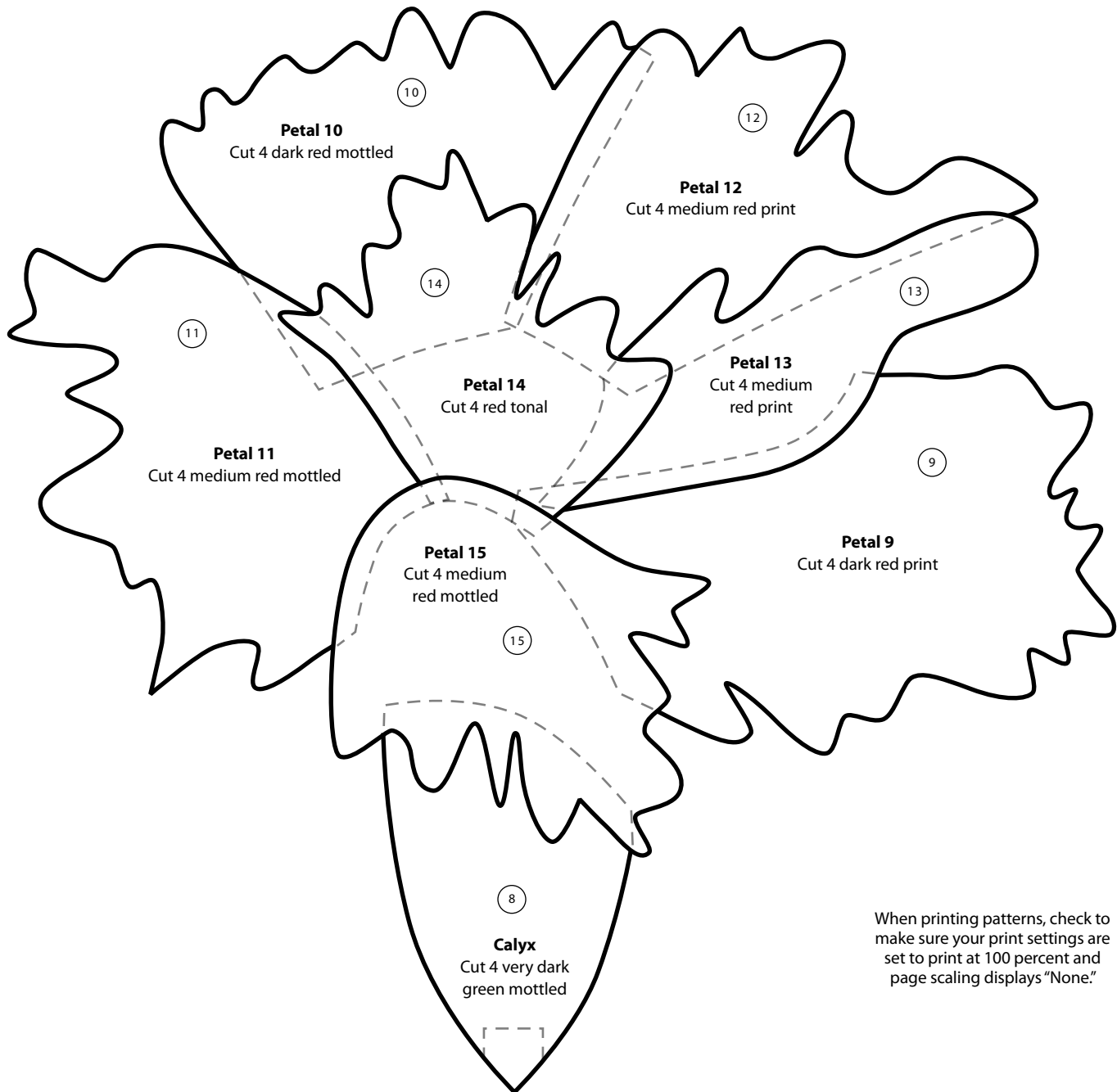
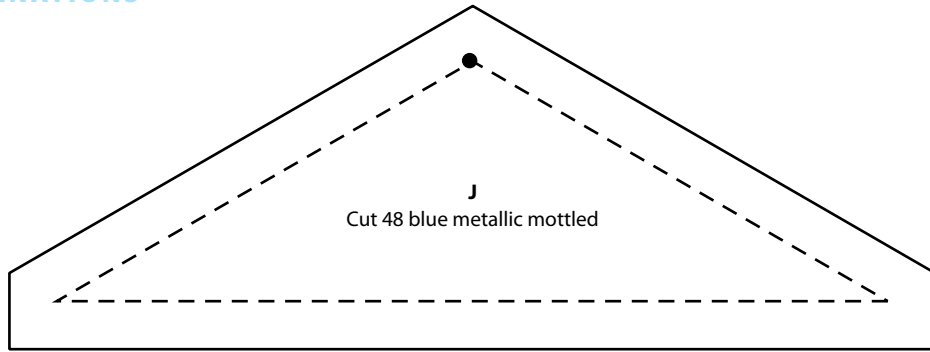


Small Circle
Cut 1 medium red mottled



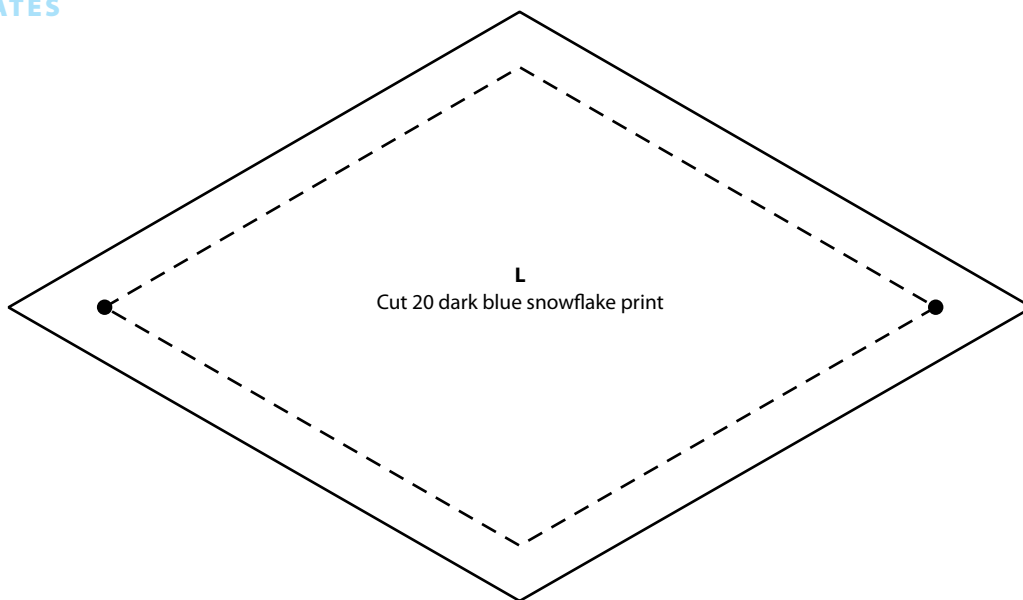
E
Cut 8 medium blue mottled

**FROSTY CARNATIONS
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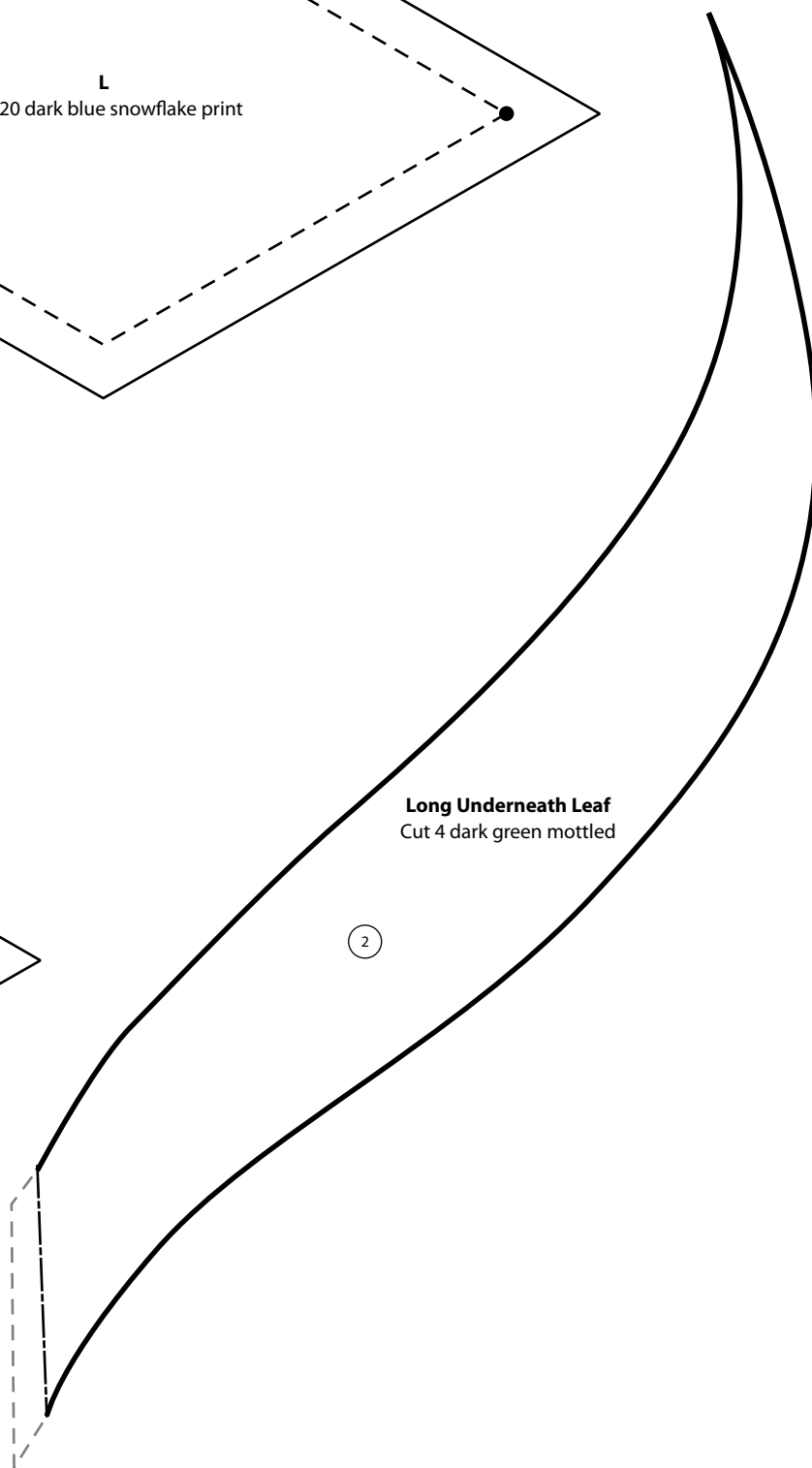
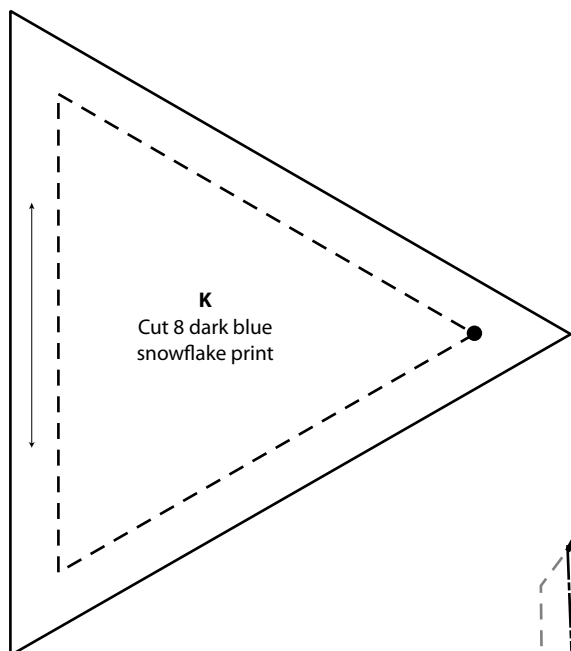


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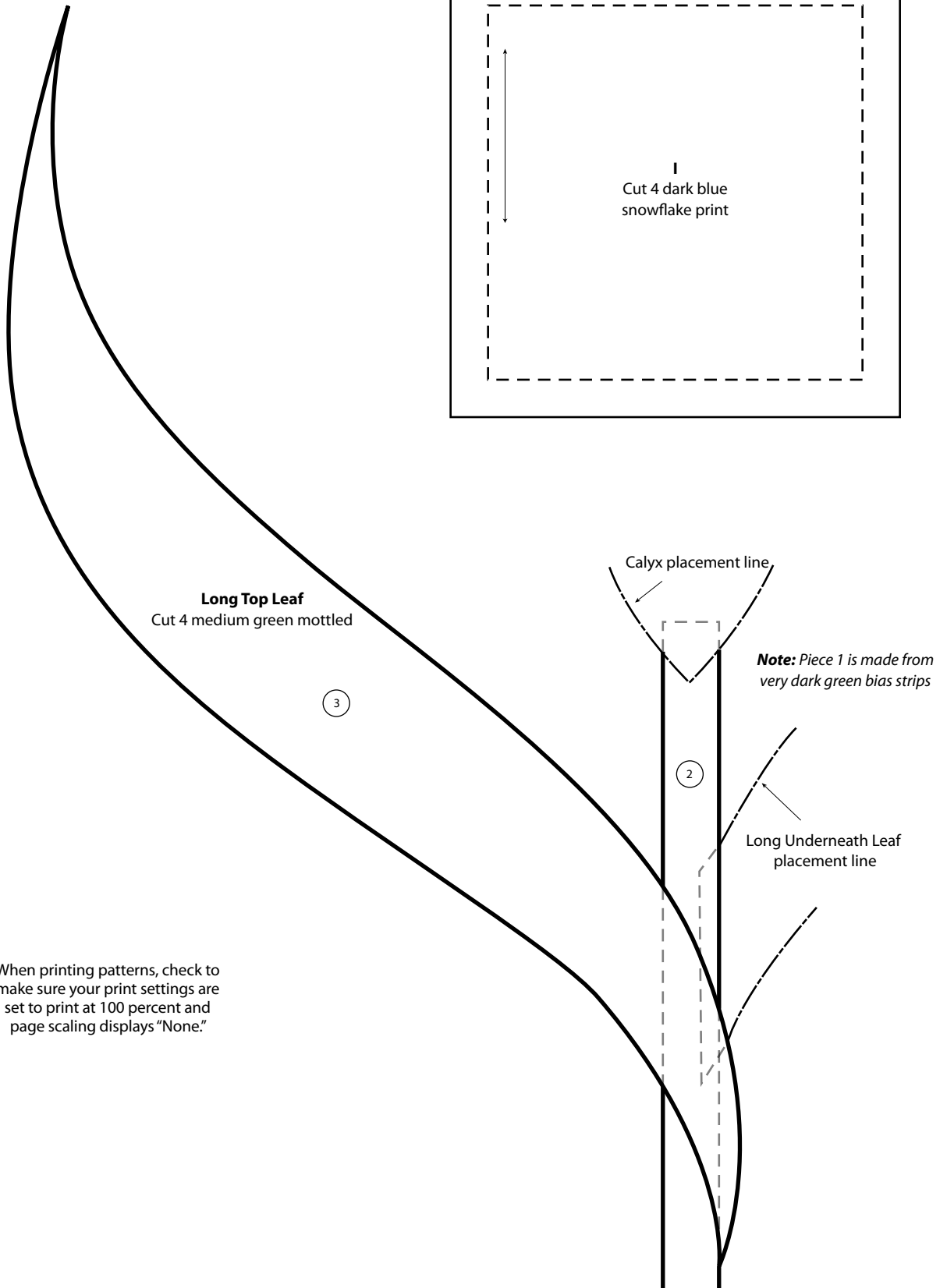
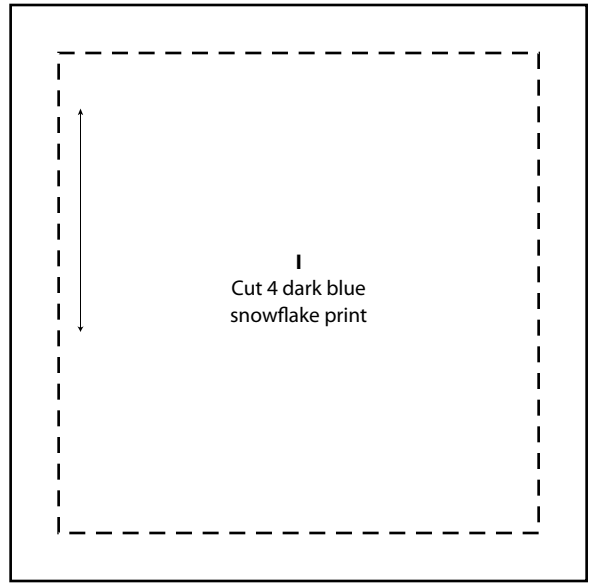
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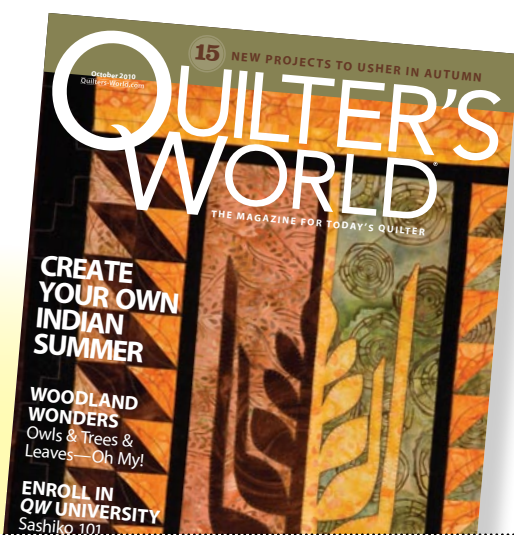


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